# WHAT DO YOU WANT FOR BREAKFAST?

by Piotr Mozgawa, Aleksandra Gonet and Bartosz Prokop

Maria Curie-Skłodowska University

Lublin, Poland

pmozgawa @ gmail.com

#### Aims:

- to practise listening comprehension while watching a video
- to familiarize Ss with the traditional English breakfast
- to revise imperatives

# **Objectives:**

- Ss characterize a typical English breakfast
- Ss learn new vocabulary connected with food and utensils
- Ss listen for general understanding
- Ss practise imperatives when talking about food
- Ss talk about their eating habits
- Ss understand and use new vocabulary items

#### Language material:

**grammar:** imperatives

**vocabulary:** names of food products (e.g. *rice*, *grilled fish*, *sausages*, *steak*, *tomato soup*, *roast chicken*), fruit and vegetables (e.g. *strawberries*, *tomatoes*, *lettuce*, *grapes*, *pineapple*) and utensils (e.g. *knife*, *frying pan*, *chopping board*, *spatula*)

# Materials and teaching aids:

Video: <a href="http://www.youtube.com/watch?v=3YsF2Hur3VU">http://www.youtube.com/watch?v=3YsF2Hur3VU</a>

handout prepared by the teacher, blackboard, OHP (or 1 computer), dictionary

| Procedure  | Timing (min) | Aids/materials | Form of<br>work | Task objectives |
|------------|--------------|----------------|-----------------|-----------------|
| Pre- stage |              |                |                 |                 |

| Lead-In: Students look at the pictures of    |   |            |          |                                   |
|--|---|------------|----------|-----------------------------------|
| different food products and answer           | 6 | Handout,   | Whole    | To familiarize students with the  |
| teacher's questions.                         |   | blackboard | class    | topic and predict new vocabulary  |
| The teacher writes difficult words on the    |   |            |          |                                   |
| blackboard.                                  |   |            |          |                                   |
| Students read a short text about English     | 5 | Handout,   | Whole    | To familiarize students with the  |
| Breakfast and label the pictures of the      |   | dictionary | class    | traditional English Breakfast and |
| ingredients of English Breakfast.            |   |            |          | practise new words                |
| While- stage                                 |   |            |          |                                   |
| Students watch the video: Full English       | 7 | Video,     | Pair     | To practise listening             |
| Breakfast Recipe and decide whether the      |   | Handout    | work     | comprehension, listening for      |
| statements given are true or false           |   |            |          | details                           |
| Students watch the video again with the      | 8 | Video,     | Whole    | To practise the general           |
| sound muted and number the steps of the      |   | Handout    | class    | comprehension of the video        |
| recipe in the correct order.                 |   |            |          |                                   |
| Post- stage                                  |   |            |          |                                   |
| Students are divided into three groups.      | 6 | Handout    | Group    | To practise vocabulary            |
| The teacher distributes the lists of kitchen |   |            | work     |                                   |
| utensils and asks students to find the       |   |            |          |                                   |
| utensils that are necessary to prepare       |   |            |          |                                   |
| English Breakfast. In the case of any        |   |            |          |                                   |
| problems they look up a word in a            |   |            |          |                                   |
| dictionary.                                  |   |            |          |                                   |
| The teacher explains how to make             | 2 | Blackboard | Whole    | To revise imperatives             |
| imperatives in English and gives             |   |            | class    |                                   |
| examples from the video                      |   |            |          |                                   |
| Students complete matching exercise.         | 3 | Handout    | Individu | To practise imperatives           |
| They are asked to match the two parts of     |   |            | al work  |                                   |
| the statements (imperatives).                |   |            |          |                                   |
| Speaking: Students tell each other how       | 5 | Handout    | Pair     | To practise new vocabulary and    |
| to prepare any meal. They use the word       |   |            | work     | imperative statements orally      |
| bank from the handout.                       |   |            |          |                                   |
| Assigning and explaining the homework        | 2 | Handout    |          | To consolidate the material       |

# **HANDOUT**

# EXERCISE 1

Look at the pictures given and answer the question below:

- Which of the foods/drinks do you like/not like?
- When do you eat breakfast/lunch/dinner?
- Which of the foods/drinks do you usually have for breakfast?
- What kind of utensils do you use when preparing your meal?

#### EXERCISE 2

#### Read the text and label the pictures.

The traditional English breakfast consists of eggs, a few rashers of bacon, sausages, fried bread, baked beans and mushrooms. Even though not many people will eat this for breakfast today, it is always served in hotels and guest houses around Britain.

The traditional English breakfast is called the 'Full English' and sometimes referred to as 'The Full English Fryup'.













# EXERCISE 3

Watch the film Full English Breakfast Recipe and decide whether the statements are true (T) or false (F).

......

For each serving you will need 2 ham sausages.
 You will also need two dices of bacon.
 Prepare two eggs and some mushrooms.
 Baked beans and some sunflower oil are what you need to prepare English Breakfast
 You might also want ketchup or soya sauce.

**EXERCISE 4** 

#### Watch the film again with the sound muted and number the steps of the recipe in the right order.

**STEP ....:** Wash and slice the mushrooms. Add them to some preheated vegetable oil in a separate frying pan. Then toss them and hold on a gentle heat for about 5 minutes. After that, consign them into a warm plate until the rest of the fry-up is finished.

STEP ....: While you keep on eye all that is sizzling and bubbling, replenish the other frying pan with oil and put it on a medium heat in readiness for the eggs. Keep turning the bacon and stirring the beans, then crack one egg and two into the empty frying pan. Transfer it to the hottest plate on a stove if necessary. Keep stirring the beans and we are nearly done. The final touch is to get your spatula and splash hot oil over the eggs until the yolks go opaque. This is a sure sign that they look properly and

STEP ....: Add it all to the plate with the mushrooms on and get ready for the Full English experience.

Try a little tomato ketchup or brown sauce for the finishing touch to the perfect fried breakfast.

STEP ....: For each serving you will need: 2 pork sausages, 2 rashers back bacon, 2 eggs, 100 g (3.5 oz) mushrooms, 150 g (5.3 oz) baked beans, vegetable oil and some ketchup or brown sauce. You will also need these utensils: a knife, a chopping board, a stirring spoon, a spatula, a small saucepan and 2 frying pans.

STEP ....: When the sausages have been frying for 8 minutes add the rashers to the same pan and turn them every minute or two. As soon as your bacon is on the way, baked beans go on the stove. They require a gentle heat and plenty of stirring.

STEP ....: Quality is crucial here. Go for ones with the high percentage of pork and natural ingredients.

Fry the sausages for about 12 minutes and with regular turning. They make a lovely reassuring sizzle as they fry.

# EXERCISE 5

#### Which utensils are necessary to prepare English Breakfast? Choose from the list below:

Knife, scoop, frying pan, spoon, plate, colander, spatula, chopping board, egg beater, stirring spoon, rolling pin, fork, saucepan, grater, corkscrew

# EXERCISE 6

#### Match the two parts of the sentences.

| 1.  | Wash and slice         |  |
|-----|------------------------|--|
| 2.  | Add them               |  |
| 3.  | Toss them              |  |
| 4.  | Replenish              |  |
| 5.  | Put it                 |  |
| 6.  | Crack                  |  |
| 7.  | Splash                 |  |
| 8.  | Get ready              |  |
| 9.  | Turn the bacon rashers |  |
| 10. | <i>Fry</i>             |  |

- **A.** ... the sausages for about 12 minutes and with regular turning.
- **B.** ... the mushrooms.
- **C.** ... every minute or two.
- **D.** ... the other frying pan with oil.
- **E.** ... on a medium heat in readiness for the eggs.
- **F.** ... for the Full English experience.
- **G.** ... crack one egg into the empty frying pan.
- **H.** ... hot oil over the eggs until the yolks go opaque.
- **I.** ... to the plate with the mushrooms.
- **J.** ... and hold on a gentle heat for about 5 minutes.

# EXERCISE 7

Speaking: Work in pairs. Tell your partner how to prepare your favourite meal.

# PLANNING A TRIP: THE CARNIVAL IN RIO DE JANEIRO 2009 & THE CARNIVAL OF VENICE 2009

by Mariola Lutkiewicz and Katarzyna Łój

Maria Curie-Skłodowska University, Lublin, Poland m.lutkiewicz @ wp.pl

# I. Pre-Internet work.

- Show students different carnival photos (Appendix 1).
   Make them describe the photos and tell what the presented photos have in common.
- 2. Ask students whether they recognize the carnivals and what they know about them. Ask students:
  - Have you ever taken part in any carnival?
  - Do you think it's a good way to celebrate?
  - Would you like to go to the Carnival in Rio de Janeiro or the Carnival of Venice?

# II. Internet work.

- 1. The class is divided into two groups:
- Students who prepare a trip to the Carnival in Rio de Janeiro go to <a href="http://www.carnivalservice.com/">http://www.carnivalservice.com/</a> website.
- Students who prepare a trip to the Carnival of Venice go to <a href="http://www.carnevale.venezia.it/">http://www.carnevale.venezia.it/</a> website.
- Check that students in each group divided the tasks fairly.
   Divide groups into pairs and each pair must find particular piece of information about the carnival.
  - Rio Carnival Group:
    - carnival dates:
       click <a href="http://www.carnivalservice.com/rio-carnival-dates.php">http://www.carnivalservice.com/rio-carnival-dates.php</a>
    - sambodrome location and transport connection:
       click <a href="http://www.carnivalservice.com/sambadrome.php">http://www.carnivalservice.com/sambadrome.php</a>
    - costumes:
       click <a href="http://www.carnivalservice.com/costumes-samba-school-parade.php">http://www.carnivalservice.com/costumes-samba-school-parade.php</a>
    - parading theme(s):click <a href="http://www.carnivalservice.com/rio-carnival-costumes.php">http://www.carnivalservice.com/rio-carnival-costumes.php</a>
    - carnival programme:
       click <a href="http://www.carnivalservice.com/rio-carnival-samba-parade-order.php">http://www.carnivalservice.com/rio-carnival-samba-parade-order.php</a>
    - accommodation:
       click <a href="http://www.carnivalservice.com/staying-in-rio.php">http://www.carnivalservice.com/staying-in-rio.php</a>
  - Venice Carnival Group:
    - carnival dates:
       click http://www.carnevale.venezia.it/calendar.html
    - carnival location and transport connection:
       click <a href="http://www.carnevale.venezia.it/info-venice.html">http://www.carnevale.venezia.it/info-venice.html</a>
    - costumes:
       click <a href="http://www.carnevale.venezia.it/calendar.html">http://www.carnevale.venezia.it/calendar.html</a>
    - parading theme:click <a href="http://www.carnevale.venezia.it">http://www.carnevale.venezia.it</a>
    - carnival programme:
       click <a href="http://www.carnevale.venezia.it/calendar.html">http://www.carnevale.venezia.it/calendar.html</a>
    - accommodation:

# **III. Post-Internet work.**

- 1. Students talk about their research in groups. Distribute each pair the following table which helps them to gather information (Appendix 2).
- 2. Check that each group has chosen a person who would present a trip to the particular carnival.
- 3. The representative of each group presents the trip to the other group.

  Students from the other group fill in the same table as before with the information they hear about the other carnival.
- 4. Decide with the whole class which carnival is more interesting and you and your students would like to go to.

# Homework.

Write a short review of what you have seen during one of the carnivals.

Describe the event and give your opinion.

# **Student worksheet**

| The Carnival in Rio de Janeiro 2009 |   |  |
|-------------------------------------|---|--|
| date                                | When does the carnival start/end?   |  |
|                                     | Day, month, duration  |  |
| location                            | Where exactly will the event take place?                                    |  |
|                                     | Street, district  |  |
| transport connection                | How can you get to the carnival? What means of transport will you use?      |  |
| parading theme(s)                   | Do/does the parade(s) have any theme?                                       |  |
| programme                           | What would you like to see? Do you need any tickets?                        |  |
| costumes                            | Would you like to wear them? What kind of costumes? Where can you get them? |  |

| ould you like to stay? |
|------------------------|
|                        |
|                        |

| The Carnival of Venice 2009 |   |  |
|-----------------------------|---|--|
| date                        | When does the carnival start/end?   |  |
|                             | Day, month, duration  |  |
| location                    | Where exactly will the event take place?                                    |  |
|                             | Street, district  |  |
| transport connection        | How can you get to the carnival? What means of transport will you use?      |  |
| parading theme(s)           | Do/does the parade(s) have any theme?                                       |  |
| programme                   | What would you like to see? Do you need any tickets?                        |  |
| costumes                    | Would you like to wear them? What kind of costumes? Where can you get them? |  |
| accommodation               | Where would you like to stay?   |  |